

DATED MATERIAL

Winingers
Gymnastics & Dance School
191 SANRICO DRIVE
MANCHESTER, CT 06042
860-646-3687

TO:

Winingers

Gymnastics & Dance School

FEATURING . . .

- ★ Preschool Gymnastic Classes Ages 1½ - 5
- ★ School Age Gymnastic Program for Girls & Boys
- ★ Dance Program
- ★ Trampoline Classes and Team
- ★ Tumbling Classes
- ★ Small Student Teacher Ratio
- ★ Professional Staff
- ★ Competitive Team Program
- ★ Viewing Area for Parents

**191 SANRICO DRIVE
MANCHESTER, CT 06042
860-646-3687
winingersgymnastics.com**

2011-2012 Class Calendar

Please note: the number on the right side of each month indicates the current week of class.

~ OPENING DAY ~

Our first class will start on Tuesday, September 6, 2011.

~ DATES CLOSED - NO CLASSES ~

Thanksgiving Weekend - Thurs., Fri., Sat. Nov. 24th - 26th
 Christmas & New Years - Dec. 24th - Jan. 1st
 Good Friday Break - April 6th - 7th
 Memorial Day - Sat. - Mon., May 26th - 28th
 Last Day of Classes - Sat., June 16th

PHONE 860-646-3687

SEPTEMBER 2011						
S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

September Session 9/6-10/1

FEBRUARY 2012						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

February Session 1/30-2/25

OCTOBER 2011						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

October Session 10/3-10/29

MARCH 2012						
S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

March Session 2/27-3/24

NOVEMBER 2011						
S	M	T	W	T	F	S
			1	2	3	4
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

November Session 10/31-11/26
 No Classes 11/24-11/26

APRIL 2012						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

April Session 3/26-4/21
 No Classes 4/6-4/7

DECEMBER 2011						
S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

December Session 11/28-12/24
 No Classes 12/24-12/31

MAY 2012						
S	M	T	W	T	F	S
					1	2
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

May Session 4/23-5/19
 No Classes 5/26 & 5/28

JANUARY 2012						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January Session 1/2-1/28

JUNE 2012						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June Session 5/21-6/16

TRAMPOLINE & TUMBLING SCHEDULE

DAY	LEVEL	CLASS TIME
Monday	Tumbling (Age 12+)	2:40-3:40
Monday	Trampoline (Ages 6-9)	4:30-5:30
Monday	Trampoline (Ages 10+)	5:30-6:30
Monday	Tumbling (Ages 7-10)	6:30-7:30
Mon & Wed	Trampoline Team	6:30-8:30
Tuesday	Tumbling (Age 12+)	2:40-3:40
Tuesday	Trampoline (Ages 6-9)	4:00-5:00
Tuesday	Trampoline (Ages 10+)	5:00-6:00
Tuesday	Advanced Tumbling (pre-requisite: back handspring)	6:00-7:00
Tuesday	Tumbling (ages 10+)	7:00-8:00
Wednesday	Trampoline (ages 6-9)	4:30-5:30
Wednesday	Trampoline (ages 10+)	5:30-6:30

4 Week Session

Trampoline Team \$150.00 One Hour Class \$51.00

PRESCHOOL SCHEDULE

TINY GYM (18 Months - 2 Years)

Monday	10:15 - 11:00
Tuesday	10:15 - 11:00
Wednesday	9:15 - 10:00
Thursday	9:10 - 9:55
Saturday	9:00 - 9:45
Saturday	9:55 - 10:40

JUNIOR GYM (4 Years)

Monday	12:50 - 1:35
Tuesday	9:10 - 10:10
Tuesday	12:50 - 1:35
Wednesday	11:05 - 11:50
Wednesday	2:00 - 2:45
Thursday	11:05 - 11:50
Thursday	2:00 - 2:45
Thursday	5:20 - 6:05
Friday	5:20 - 6:05
Saturday	8:45 - 9:30

MINI - GYM (3 Years)

Monday	11:10 - 11:55
Tuesday	11:10 - 11:55
Tuesday	1:45 - 2:30
Wednesday	10:10 - 10:55
Wednesday	2:00 - 2:45
Thursday	2:00 - 2:45
Thursday	4:30 - 5:15
Friday	4:30 - 5:15
Saturday	10:50 - 11:35
Saturday	11:40 - 12:25

Please sign up for the appropriate age group. You will be notified only if your class is not available.

4 Week Session

45 Minute Class -\$49.00

One Hour Class -\$51.00

KINDERGYM (5 Years)

Monday	9:05 - 10:05
Monday	1:40 - 2:40
Tuesday	9:10 - 10:10
Wednesday	12:50 - 1:50
Thursday	10:00 - 11:00
Thursday	12:50 - 1:50
Thursday	6:10 - 7:10
Friday	6:10 - 7:10
Saturday	9:40 - 10:40

GYMNASTICS CLASS SCHEDULE

DAY	LEVEL	CLASS TIME
Monday	Cheerleading/Tumbling	2:40 - 3:40
Monday	Girls/Boys (Ages 6-12)	3:45 - 4:50
Monday	Girls (Ages 6-12)	4:55 - 6:00
Tuesday	Cheerleading/Tumbling	2:40 - 3:40
Tuesday	Girls/Boys (Ages 6-12)	3:45 - 4:50
Tuesday	Girls/Boys (Ages 6-12)	4:55 - 6:00
Tuesday	Girls (Ages 7-14)	6:10 - 7:15
Tuesday	Girls (Ages 8 and up)	7:15 - 8:45
Wednesday	Girls/Boys (Ages 6-12)	3:45 - 4:50
Wednesday	Girls/Boys (Ages 6-12)	4:55 - 6:00
Thursday	Girls/Boys (Ages 6-12)	3:45 - 4:50
Thursday	Girls (Ages 6-12)	4:55 - 6:00
Saturday	Girls/Boys (Ages 6-10)	10:50-11:50
Saturday	Girls/Boys (Ages 6-12)	11:55 - 1:00

4 Week Session

One Hour Class-\$51.00 65 Min. Class-\$56.00 90 Min. Class-\$75.00

All classes are coed with separate groupings for boys & girls according to age and skill level.

DANCE CLASS SCHEDULE

DAY	LEVEL	CLASS TIME
Monday	Tap (Ages 8-10)	4:00 - 4:45
Monday	Jazz I (Ages 8-10)	4:50 - 5:35
Monday	Hip Hop (Ages 9-12)	5:40 - 6:25
Monday	Adv. Jazz (Ages 13+)	6:30 - 7:30
Monday	Contemporary Ballet (Ages 13+)	7:30 - 8:30
Tuesday	Intermediate Ballet (Ages 7-9)	4:00 - 4:45
Tuesday	Jazz I (Ages 7-9)	4:50 - 5:35
Tuesday	Intermediate Ballet II	5:40 - 6:40
Tuesday	Intermediate Jazz (Ages 11-13)	6:45 - 7:45
Wednesday	My First Dance Class (Age 3)	4:00 - 4:45
Wednesday	Tap (Ages 4-5)	4:50 - 5:35
Wednesday	Tap (Ages 13+)	5:40 - 6:40
Wednesday	Hip Hop (Ages 13+)	6:40 - 7:40
Thursday	Ballet (Ages 4-5)	4:00 - 4:45
Thursday	Ballet (Ages 5-7)	4:50 - 5:35
Thursday	Jazz (Ages 5-7)	5:40 - 6:25
Thursday	Intermediate Tap	6:30 - 7:30
Saturday	Tap (Ages 4-5)	9:00 - 9:45
Saturday	Ballet (Ages 4-5)	9:50 - 10:35
Saturday	Ballet (Ages 6-8)	10:40-11:25
Saturday	Jazz (Ages 6-8)	11:30 - 12:15

4 Week Session

45 Minute Class -\$39.00

One Hour Class - \$43.00

*** GENERAL INFORMATION ***

RULES & POLICIES

860-646-3687

~ REGISTRATION INFORMATION ~

A registration fee of \$25.00 per student is required at the time of registration. Two children from the same family pay a \$40.00 registration fee. This registration fee is non-refundable. Your child will not be registered for a class if registration fee is not included with your completed registration form.

~ PAYMENT POLICY ~

All payments are due on or before the first class of each session, and will be paid two sessions at a time starting in September, as per our 2011-2012 calendar. Missed classes cannot be deducted from the session tuition. Make-ups are available for missed classes. Cash or checks only. Late fee of 1.5% per session will be charged on unpaid balances.

* A \$20.00 fee will be charged on any check that is returned.

~ DISCOUNTS ~

There is a 10% discount on the lower priced program for two children from the same family.

~ MAKE- UP POLICY ~

We will be very cooperative in meeting students make-up needs. You must call the office at least 1 or 2 days ahead of time to schedule a make-up class. Missed classes must be made up within 30 days. There is no monetary reimbursement for missed classes and you cannot use your scheduled class time as a make-up class. Once you have dropped from the program make-up classes do not apply.

~ DROP POLICY ~

We must be notified in writing 30 days prior to the session you will be dropping. If we are not notified in writing, your spot will be saved for you and you will be charged for that session.

~ REFUNDS ~

All registration fees are non-refundable. There are absolutely no refunds for missed classes (make-up classes are available).

~ SNOW DAYS ~

In the event of adverse weather conditions, please call the office before coming to class at least 1 hour before your scheduled class time or check our website. Any classes cancelled due to weather can be made up.

~ DRESS CODE ~

Leotards or shorts and tee-shirt are required for Preschool and Girls' Gymnastics/Dance Classes. Boys should wear elastic waisted shorts and a tee-shirt or warm-up suit. No belts or jeans will be permitted.



ENROLLMENT FORM 2011-2012

Check to Enroll for:

Preschool Gymnastics Tumbling Trampoline Dance

Check if you have a change of address

For Office Use Only	
Cash \$ _____	Paid \$ _____
Check \$ _____	Owe \$ _____
Check # _____	

Student Information

Student #1 _____ Sex M F D.O.B. ____ / ____ / ____

Class - 1st Choice: Day _____ Time _____ 2nd Choice: Day _____ Time _____

Student #2 _____ Sex M F D.O.B. ____ / ____ / ____

Class - 1st Choice: Day _____ Time _____ 2nd Choice: Day _____ Time _____

Describe any special needs your child may have: _____

Parent/Guardian's Name: _____ Phone No. _____

Address _____

City _____ State _____ Zip Code _____ Business / Emergency Tel. No. _____

CONSENT, RELEASE AND INDEMNITY:

I, _____, parent/guardian of _____, and _____ give permission for said son(s)/daughter(s) participation in the class program at the Winger's Gymnastics School, Inc. I understand that gymnastics is a sport that involves height and rotation of the body, therefore, there are inherent risks involved. I attest to my son(s)/daughter(s) sound health of mind and body and I authorize the Winger's Gymnastics School, Inc. to seek medical treatment at the nearest medical facility in case of emergency. I hereby release, discharge, covenant not to sue, and agree to indemnify Winger's Gymnastics School, Inc., its officers, agents, directors, and employees ("releasees") and save and hold harmless each of the releases from all liability. Furthermore, I have read and understand the rules and policies. I understand I am assuming all risks inherent in gymnastics.

Parent/Guardian Signature _____ Date _____

*Registration Fee must be included with Enrollment Form.

~ WELCOME ~

Since starting in 1974, Winger's Gymnastics has established a reputation for the highest quality gymnastics and fitness instruction in the area. Our program is based on providing an educationally sound, safe and fun environment for a child to demonstrate individuality in a group setting through gymnastics. The gym is equipped with the most current women's and men's equipment available including a 40 X 40 foam tumbling floor, inground pit, 4 uneven bar stations, pommel horse, rings, parallel bars, high bar and trampoline with overhead spotting system.

~ PROGRAM GOALS ~

At Winger's Gymnastics we strive to provide a positive learning environment by teaching gymnastics in a non-competitive setting to all our class students. Our program covers a wide range of gymnastics activities designed to enable each student to progress at his or her own rate by providing a graduated approach to learning. We feel it is important to encourage children in all they do or attempt to do. Our program consists of gymnastics fundamentals to introduce your child to one of the fastest growing sports in the United States - **GYMNASTICS**.

*** PROGRAM OFFERINGS ***

~ PRESCHOOL GYMNASTICS PROGRAM ~

FUN! FUN! FUN! Our preschool classes are one of the most progressive and innovative programs available today for preschool children ages 1½ - 5. Children receive instruction on all gymnastics apparatus as well as the use of specialized preschool equipment, such as mats, inclines, barrels, slides, tunnels, parachute and a full size trampoline. Our preschool program is regarded as "play with a purpose" in a fun filled healthy environment for your child. Our highly trained imaginative staff get actively involved with your child which is evident by the laughter and applause that comes from the children in our preschool classes.

TINY GYM (18 Months - 2 Years)

Parents participate with their children in this class. Children will receive instruction on all gymnastics apparatus as well as specialized equipment. Our organized format allows for socialization with other children of their own age group.

MINI GYM (3 Years)

Parents are asked to come into the gym for the first month and help their child become accustomed to the instructors and help with some directional skills. Children will receive instruction on all gymnastics apparatus as well as specialized equipment at each gymnastics station.

JUNIOR GYM (4 Years)

This program involves the preschool child in a gymnastics program entirely independent of his or her parents. There are viewing windows in the waiting rooms so you can see your child. These children will be instructed on all gymnastics apparatus and gymnastics skills and join in all activities quite readily.

KINDERGYM (5 Years)

This program is designed for the kindergarten age child and involves a concentrated gymnastics program as well as fun stations. Children at this age are now improving their gymnastics skills as well as working on creative stations.

DANCE PROGRAM

Our dance program offers various forms of dance. Preschoolers can enjoy creative dance, ballet, or tap class. Ages 5+ up can choose Ballet, Tap, or Jazz. Age 9 and up can also choose Hip-Hop or Modern/Lyrical.



~ STAFF ~

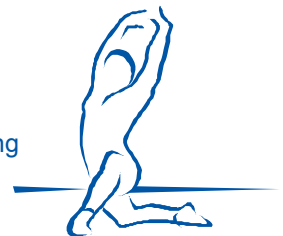
The staff at Winger's consists of a professional, experienced group of individuals who have been chosen for their enthusiasm to work with children. Most of Winger's staff members have been with us for many years. The staff's personalities make our gym a happy and healthy learning environment for your child. We encourage you to drop in to tour our facility and familiarize yourself with our staff.

~ SCHOOL AGE GYMNASTICS ~ PROGRAMS

Our program features gymnastics instruction for girls and boys. Our school offers classes for children from beginners to advanced. Children will be instructed on all gymnastics apparatus in a non-competitive yet challenging environment. Most children interested in competition can easily move from our more advanced classes to our beginning level teams. Whether your child is interested in recreational gymnastics or becoming a team competitor, we have a class that is suited for them. When registering a student for our program, sign up for the best time that suits your needs and our staff will assign them to the proper age and ability level group.

TUMBLING CLASSES

This tumbling program is for beginner to advanced students 6+ and up. Each class is divided by skill level. Emphasis is on learning to perfect the back handspring and more advanced skills.



TEAM

Our school offers various levels of teams from our pre-team, which is a low stress progressive program for children of all ages, to our highly competitive teams. Our teams accommodate both boys and girls at the beginner through advanced levels. Instructor recommendation and evaluation is required for any team program. Please check with the school director to find the best team for your child.

TRAMPOLINE CLASS

Come jump, bounce & flip!!!

TRAMP CLASS - new program offering instruction on the trampoline.

TRAMP TEAM - this program is open to any child ages 8+ up who is interested in joining a tramp team.